



# Documenting wellness and reablement



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# Objectives of this training

- To brainstorm and personalise the ways in which you can communicate and record wellness and reablement practice
- To agree on which are the important wellness and reablement details to record
- To identify any barriers to communicating and recording wellness and reablement practice



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# Forms of documentation

What will work for your organisation, your volunteers and your clients?





# Discussion and activity

- How would you, as a volunteer, prefer to communicate stories and examples of wellness and reablement as they occur in your day to day activities?
- Are there any barriers to communicating about wellness and reablement in your organisation? How could these be overcome?
- *Think of an activity, event, or situation in which you have worked 'with' a client rather than 'for' a client. Share this using one of the communication mediums we have discussed.*





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# Basic details

- Client (de-identified)
- Workforce
- Date
- Activity location
- Sub-Service Type





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# Activity Descriptions

- Clients participating or working alongside you
- Clients developing new skills, capabilities and social connections
- Clients regaining physical or cognitive abilities
- Clients adapting to functional limitations
- Challenges or barriers





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# Challenges or barriers?

- Systems
- Processes
- Client understandings or perspectives
- Time pressures
- Knowledge, skills and training

How can we overcome challenges or barriers?





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# Thank you

For information and support:

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